

## Discover The Club

**OPEN DAY** | 5<sup>TH</sup> & 6<sup>TH</sup> JULY 2025 | 10AM - 6PM

- No joining fee for anyone who signs up on the day
- Free 10-minute consultation with Personal Trainers Liam and Jude on the day
- Full-body fitness class with Jude at 11 am on 5th July
- HIIT (High-Intensity Interval Training) class with Liam at 10 am for 30 minutes on 6th July

For enquiries, contact **01963 824466** or email **membersclub@theholbrookmanor.com**Castle Cary Road, Wincanton, Somerset, BA9 8BS

\*25% discount for new members, valid for the first 3 months only.
This offer is for new members or anyone coming back after their membership ended before June 1st.





