

THE  
HAYLOFT

Treatment Menu



HOLBROOK  
HOUSE

## THE HAYLOFT TREATMENT ROOMS.

A place  
to unwind.

For a moment to pause. A soothing of the senses. Enjoy a range of nourishing facials, relaxing massages and other soothing beauty treatments. You will leave The Hayloft feeling utterly relaxed and pampered.

## OUR SPA PARTNERS.

### ila

ila is named after the Hindu goddess of truth and the Sanskrit word for mother earth and was launched at the beginning of 2008, with all products handmade and blended in the Cotswolds.

Their vision is to create a range of highly potent and sacred products, which channel the raw remedial power of nature, using the most ancient and purest sources of energy – plants, flowers, and herbs - and proving that results-driven products and spa treatments can go hand-in-hand with the highest standards of natural and ethical integrity.

ila products and treatments are designed to promote palpable biological and emotional change in those that experience them – both through touch and smell.

### Natural Spa Factory

Natural Spa Factory was started by husband and wife team, Jeremy and Emma in 2009.

Incredible home-grown products created in the heritage city of Bath, all of Natural Spa Factory's quintessentially plant based skincare is cruelty free, gender neutral and suitable for every body.

These botanically sourced products are derived by nature, like herbs, plants and flowers, because being kind and nurturing to your skin is vital to a healthy body and soul and will leave you feeling fabulous.

## THE HAYLOFT SIGNATURE TREATMENTS.

### Hayloft signature massage

80 minutes / £90

An indulgent full body treatment using Natural Spa Factory's fig & vanilla scrub followed by a deeply relaxing full body massage using a blend of essential oils.

### Hayloft signature facial

55 minutes / £65

Using the Natural Spa Factory, this facial is the perfect compliment for every skin type. We begin by giving the skin a lovely deep cleanse and gently remove any dead skin cells with an exfoliator. A facial massage will be performed across the chest, shoulders, neck, and face. Whilst the facial mask is working its magic, we will work ours with a luxurious scalp massage. Finishing off with a moisturiser, you will leave illuminated.

ila.

## FACIALS.

### Express bliss facial

40 minutes / £50

**G**entle, Calming, Cleansing.  
This treatment uses delicate techniques to induce feelings of deep peace and beautifully glowing skin. A perfect quick-fix for dehydrated and tired skin.

### Golden age restore facial

60 minutes / £85

**A**dvanced anti-aging.  
This powerful treatment heals and protect from the many natural signs of ageing. Three types of naturally occurring gold and the rarest of Frankincense from the Gardens of Ethiopia, are delivered into the skin using cleansing & healing massage techniques. ila's unique BosTriWell® & hyaluronic extract instantly increases collagen levels and reduces cell inflammation. Skin is reprogrammed and rejuvenated.

### CBD rejuvenating facial

75 minutes / £105

**C**alming, tension release, brightening.  
This enlightening facial introduces active CBD into the skin to calm inflammation and fortify the skin whilst soothing anxiety and relaxing the nervous system. CBD is supported by further botanical extracts to amplify the rejuvenation effects and three types of gold to infuse the skin with new energy. A unique 'nerve point therapy' massage technique is used to smooth out facial nerves releasing tension and stress within the face, leaving the complexion brighter and spirit lighter.

ila.

## BODY TREATMENTS.

### Deep therapeutic massage

60 minutes / £85 (back of the body)

90 minutes / £110 (full body)

For muscular fatigue and joint pain.

An firm, effective massage with Shiatsu stretches along with rhythmic, hypnotic pressure points that work together to release deeply-held patterns of tension and pacify your mind. The whole experience has been lovingly designed to be both remedial and relaxing: ideal for anyone needing a strong release of physical tension from the body.

### Farewell fatigue massage

90 minutes / £110

For dry skin, deep fatigue & recovery.

This Tibetan body treatment balances the five elements to restore a harmonious flow of energy and vitality. A blend of five essential oils work together to stabilise the five sensory organs. Meridian Healing Techniques, kneading and acupuncture techniques help release physical and mental tension. Warm crystals and poultices bring harmony from the tips of the toes, to the crown of the head.

# Natural Spa Factory.

## BODY TREATMENTS.

### Luxurious candle massage

30 minutes / £55

Warm the body and soul. Using a candle that melts into a warm sumptuous massage oil, the oil is drizzled over the skin and massaged in to melt away tension and delicately nourish the skin. Enjoy the added bonus of taking the remainder of the candle home to save for an extra at home pamper.

### Back, neck and shoulder massage

25 minutes / £37

Traditional Back, Neck and Shoulder Massage.  
Treat those areas that are impossible to reach by yourself. We gently cleanse and massage away tensions using a blend of oil and deeply hydrating lotion to leave your back, neck and shoulders feeling nourished and supple.

### Full body massage

55 minutes / £60

Traditional Full Body Massage.  
Condition skin and muscles with this all-embracing full body massage. Helping to relieve stress, aching muscles and refreshes the mind, body and soul.

# Natural Spa Factory.

## Seasonal scrub

45 minutes / £60

Feel renewed from head to toe with a full body scrub, personalise your treatment by choosing between a selection of seasonal scrubs by Natural Spa Factory. A beautiful treatment to be enjoyed on its own or added to a massage for the ultimate body treatment.

## Bring it back

45 minutes / £50

This is an ideal treatment for that neglected, hard to reach area. A deep cleanse, exfoliation and application of a specially formulated mask are applied to the back. Whilst the mask is working, we perform a tension releasing aromatherapy massage to the backs of the legs. Removing the mask with hot mitts we finish with a back, neck, and shoulder massage to leave the skin soft, smoothed, and revitalised.

## Head and Scalp Massage

25 minutes / £37

Using raw organic coconut oil, this is a massage to the face, scalp, neck and shoulders. Using pressure points and lymphatic drainage techniques to help clear sinuses, relieve stress and muscle tension.



# Natural Spa Factory.

## The mummy-to-be massage

75 minutes / £90

This pre and post-natal treatment is perfect to bring balance and help heal the maternal body. A cleanse and exfoliation to the back using Bumps a Daisy Top to Toe Polish, then removed with warm mitts. Finished with a soothing full body massage using Bumps a Daisy Bump, Face and Body Oil and a luxurious scalp massage.

## Total body bliss

90 minutes / £100

This treatment begins with a cleanse and exfoliation to the back, buffed off with warm mitts. Using an aromatherapy oil by Natural Spa Factory to massage the back to bring relaxation and harmony to the soul and body followed by a tailored facial specifically for your skins needs.

BODY - Full body massage and a mini facial

or

FACE - Back, neck and shoulder massage and a full facial

# Beauty.

## MANICURES.

### OPI manicure

60 minutes / £32

Our standard OPI manicure includes nail shaping, cuticle grooming, a hand massage and finishes with painting the nails with an OPI laquer.

### Hayloft luxury OPI manicure

75 minutes / £45

This luxury treatment begins with soaking of the nails, nail shaping, cuticle grooming, heated mitts and a hand and arm massage finished with an application of an OPI laquer.

### OPI gentleman's manicure

30 minutes / £25

Atidy and shape of the nails, cuticle grooming and a hand massage. Optional application of a clear conditioning OPI laquer.

### OPI file & paint

30 minutes / £21

A file and shape of the nail and an application of an OPI nail laquer.

Beauty.

## OPI gel manicure

60 minutes / £36

Our OPI gel manicure includes nail shaping, cuticle grooming, an application of an OPI gel laquer designed to last 2 weeks followed by a hand massage.

## OPI gel application

30 minutes / £30

Atidy and shape of the nails and an application of an OPI gel laquer designed to last 2 weeks.

# Beauty.

## PEDICURES.

### OPI pedicure

60 minutes / £33

We begin this treatment by soaking your feet in a lovely warm water and the natural spa factory's salts, we exfoliate and smooth callused feet. we cut and file the nails, groom the cuticles, perform a luxury foot and leg massage and finish by applying an OPI laquer.

### Hayloft OPI luxury pedicure

75 minutes / £45

We begin this treatment by soaking your feet in a lovely warm water and the natural spa factory's salts, we exfoliate and smooth callused feet. we cut and file the nails, groom the cuticles, pop your feet into our heated booties and perform a luxury foot and leg massage and finish by applying an OPI laquer.

### OPI gel pedicure

60 minutes / £43

We begin this treatment by soaking your feet in a lovely warm water and the natural spa factory's salts, we exfoliate and smooth callused feet. we cut and file the nails, groom the cuticles, perform a luxury foot and leg massage and finish by applying an OPI gel laquer designed to last 2 weeks.

Beauty.

## Gel removal

15 minutes / £16

We wrap the nails to gently soak away the existing gel polish. Finished with applying OPI cuticle to nourish and hydrate the nails.

## Gel removal with manicure or pedicure

15 minutes/ £0

We wrap the nails to gently soak away the existing gel polish. Finished with applying OPI cuticle to nourish and hydrate the nails

# Beauty.

## WAXING.

Lip or chin wax	15 minutes	£16
Lip and chin wax	30 minutes	£16
Underarm wax	30 minutes	£19
1/2 leg wax	30 minutes	£21
3/4 leg wax	45 minutes	£27
Full leg wax	60 minutes	£32
Bikini line wax	30 minutes	£19
High rise bikini line wax	45 minutes	£24
Brazilian wax	45 minutes	£35
Mens back or chest	30 minutes	£30

Beauty.

## LASHES AND BROWS.

Eyebrow tint	15 minutes	£16
Eyelash tint	30 minutes	£19
Eyebrow shape	15 minutes	£16
Beautiful eyes (eyelash tint, eyebrow shape, eyebrow tint)	45 minutes	£40

## CONSIDERATIONS.

Please book your treatment in advance to ensure your preferred time and date is available. Full payment is to be made when booking any treatment in The Hayloft.

Please arrive 15 minutes before your appointment to give yourself enough time to get ready, and make the most of your time at The Hayloft.

Make sure your consultation card has been filled out online before your arrival - *you'll be sent a card to fill out on your booking confirmation.*

We kindly ask you to leave your mobile in your bag on silent, or in a locker before joining us in The Hayloft to ensure the best experience.

Please contact us to let us know of any allergies, injury concerns you may have.

A patch test is required 48 hours before any tinting treatments.

Please be mindful of our cancellation policy - for cancellations made 14 days before your treatment there will be no charge, between 48 hours - 14 days a 50% charge will be made, and any cancellations made within 48 hours will be subject to the full charge.

The Hayloft are not liable for any accident or injury that may be suffered by any guests. We don't assume any liability for any loss or damage to personal property.



THE  
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AT HOLBROOK

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